



WEEK 3

DINNER MEAL PLAN

SAT

\$5.25/serving

Fish Cakes, Diced Potatoes & Green Beans

SUN

\$6.50/serving

Maple Balsamic Rosemary Chicken Thighs, Smashed Potatoes, Carrots & Broccoli

MON

\$7/serving

Steak Rotini Stir Fry

TUES

\$3/serving

Italian Wedding Soup

WED

\$6/serving

Curry Salmon Rice & Mandarin Salad

THURS

\$5/serving

Beef Bowlrito

FRI

\$5.25/serving

Lettuce Wraps