



WEEK 2

DINNER MEAL PLAN

SAT

\$5.00/serving

Shrimp Paella

SUN

\$8.75/serving

**Instant Pot Roast Beef &
Potatoes, Carrots & Broccoli**

MON

\$5.00/serving

Chicken Penne Florentine

TUES

\$5.00/serving

Carrot Soup & Chicken Wings

WED

\$5.00/serving

Turkey Meatballs, Rice & Kale Salad

THURS

\$5.00/serving

Buddha Bowl

FRI

\$5.50/serving

Fajitas